

# INITIAL KNEE EVALUATION FORM

Note: This is a confidential record and will be kept in your doctor's office. Information contained here will not be released to anyone without your authorization to do so.

TODAY'S DATE \_\_\_/\_\_\_/\_\_\_

FAMILY DOCTOR \_\_\_\_\_

NAME \_\_\_\_\_

DATE OF BIRTH \_\_\_/\_\_\_/\_\_\_ AGE: \_\_\_

CHIEF COMPLAINT - What is the main reason for your visit today? (Describe your problem in detail)

\_\_\_\_\_

\_\_\_\_\_

Were you referred to us by another health care professional? (If yes please state name) \_\_\_\_\_

Occupation/Employer: \_\_\_\_\_

Is this condition work related: Yes No If yes, date of injury: \_\_\_\_\_

(Please circle/complete answers below)

Date symptoms began: \_\_\_\_\_

Was it related to an injury? Yes No

If so, describe injury: \_\_\_\_\_

Has it been getting better or worse? (circle)

Have you seen other physicians for this

problem? Yes No

If so, who? \_\_\_\_\_

What treatments have you had for this problem?

Physical Therapy Injections

Chiropractic Surgery

Braces

Other \_\_\_\_\_

What activities make it better?

Rest Stretching

Ice Heat

What activities make it worse?

Walking Work Sports

Other \_\_\_\_\_

Any hip/groin pain? Yes No

Any low back pain? Yes No

Any numbness or tingling? Yes No

Office use only

Height \_\_\_\_\_ Weight \_\_\_\_\_ Temp \_\_\_\_\_

## HISTORY OF PRESENT ILLNESS:

(OFFICE USE ONLY)

Related X-rays:

Location of the problem:

Left Right Both

Inside Outside In front

Symptoms are:

Mild Moderate Severe

Character of pain:

Sharp sudden Deep achy

Knee feels unstable

OVER

**REVIEW OF SYSTEMS:**

Do you have any of the following symptoms? (Circle Yes or No)

Chest pain	Y	N	Bloody Urine	Y	N
Indigestion/heartburn	Y	N	Kidney problems	Y	N
Fever or chills	Y	N	Urinary tract infection	Y	N
Sinus problems	Y	N	Blood clotting problem	Y	N
Shortness of breath	Y	N	Sore throat	Y	N
Bloody cough or stools	Y	N	Back pain	Y	N
Dark, tarry stools	Y	N	Neck pain	Y	N

**PAST MEDICAL & SOCIAL HISTORY:**

List all chronic illnesses/conditions:

(Example: diabetes, heart disease, high blood pressure, etc.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any past surgeries

Surgery Approximate Date

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you on any medications? Y N (If yes, list all.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have any medication or metal allergies? Y N (If yes, list all.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you smoke? Y N  
If yes, how much? \_\_\_\_\_

Do you drink alcohol? Y N  
If yes, how much? \_\_\_\_\_