



**CHIPPEWA VALLEY**  
ORTHOPEDICS AND  
SPORTS MEDICINE

www.cvosm.com

NATHANIEL J. STEWART, MD  
Hip & Knee Expert

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Date: \_\_\_\_\_

RE: \_\_\_\_\_

DOB: \_\_\_\_\_

DOS: \_\_\_\_\_

Dear Primary Care Physician:

Please provide the following information five (5) days prior to the surgery date upon completion of a pre-operative history & physical.

1. Dictation of H&P.
2. EKG within 6 months of surgery (depends on patients age)
3. Lab results, including CBC, *Hepatitis C testing, mrsa testing*
4. Patient should be free of infection and free from antibiotic treatment for a period of 7 days before surgery.

Anesthesia requires the following tests to be performed per patient medical condition:

If Patient is on Coumadin	PT pre-op and day of surgery.
Patient on diuretics	K+ within 30 days
Hypertension	Obtain K+ if no value in past 30 days / EKG if none within 6 months
Diabetes	Glucose on day of surgery-repeat within 3 hours of surgery time. Call Anesthesia if <90 or >200 / K+, Creat if none in past 30 days / EKG if none in past 6 months.
Cardiovascular Disease	Hgb if none in past 30 days. K+ within 30 days. Creat if none in past 30 days. EKG if none in past 6 months.
Hepatic Disease	PT, PTT, SGOT, ALK, Phos, if none in past 14 days. Hgb within 30 days.
Pulmonary Disease	Hgb if none in past 30 days. EKG if none in past 6 months.
Renal Disease	K+, BUN, Creat, Hgb if none in past 30 days.

Please fax this information to 715-832-4187 Attn: Surgery. If you have any questions, please contact Jenny at (715) 839-1766 or Jen at (715) 514-3815.

Sincerely,

Nathaniel J. Stewart, MD

Date: \_\_\_\_\_

Re: \_\_\_\_\_ DOB: \_\_\_\_\_  
Surgery: \_\_\_\_\_ DOS: \_\_\_\_\_

Dear Primary Care Physician:

I want to thank you in advance for seeing \_\_\_\_\_ for preoperative clearance and consultation of medical problems before their joint replacement surgery. Some aspects of the preoperative assessment are specific to joint replacement. The following list is a period of time for discontinuing anti-coagulants prior to joint replacement.

Aspirin	Off 7 days
Coumadin	Off 5 days Recheck protime either the day before or day after surgery.
Plavix	Off 10 days
Non COX II specific non-steroidal anti-inflammatories	Off 5 days
COX II specific Anti-inflammatories	Do not need to be DC'd prior to surgery.

Another area of concern is infection, while an uncommon problem, can be devastating for the joint replacement patient. Patients need to have any recurrent sites of infection fully investigated, and if possible eradicated. They should be free of infection and free from antibiotic treatment for a period of 7 days before surgery. Lastly, the concern of diabetes mellitus and obesity have been associated with perioperative complications. The patient should be informed that their vigilance in maintaining well controlled blood sugars will help reduce the risk of any complications after joint replacement surgery.

Thank you for your preoperative help. Please provide the following information 5 days prior to the surgery date.

1. Dictation of H&P.
2. EKG tracing within 6 months of surgery date.
3. Lab results, including CBC, *Hepatitis C testing, MRSA testing*

You may fax the information to me at (715) 832-4187. If you have any questions, please feel free to contact Jenny at (715) 839-1766.

Sincerely,

  
Nathaniel J Stewart, MD